

Name of Item/Product	Peanuts	Nuts	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Gluten	Wheat	barley	oats	Rye
Sandwich Platters																	
Meat Sandwich Platter																	
Chicken Bacon Club							X	X			X		X	X	X		
Roast Beef & Mustard							X	X			X		X	X			
Ham & Cheese							X	X	X		X		X	X	X		
Chicken Avocado							X	X	X		X		X	X	X		
Ham Rocket Salad							X	X			X		X	X	X		
Fish Sandwich Platter																	
Tuna Sweetcorn						X	X	X	X				X	X	X		
Tuna Cucumber						X	X	X	X				X	X			
Sweet Chilli Prawn & Crab					X	X	X	X			X		X	X	X		
King Prawn Mayo					X		X	X	X		X		X	X			
Smoked Salmon Cream Cheese						X		X	X				X	X	X		
Vegetarian Sandwich Platter																	
Chunky Egg & Cress							X	X			X		X	X			X
Cheese Ploughmans							X	X	X		X		X	X	X		
Beetroot Falafel				X				X					X	X	X		
Avocado, Tomato & Basil							X	X					X	X	X		
Cave aged cheddar with Fig & Apple Chutney							X	X	X				X	X			
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Mixed Bloomer Platter																	
Ham Hock & Egg							X	X			X		X	X			
Veggie New Yorker							X	X	X		X		X	X	X		
Chicken & Chorizo							X	X	X		X		X	X	X		
Tuna Nicoise						X	X	X			X		X	X	X		
Mini Vegetarian Roll Platter																	
CAVE AGED CHEDDAR 20G, SUN-BLUSH NEOPOLITANA MIX 5G, PICKLE 5G & CRESS 2G									X		X	X	X	X	X		
EGG MAYO 25G & CRESS 2G							X				X		X	X			
BEETROOT FALAFEL 20G, CHILLI HUMOUS 10G, SPRING ONION 2G & FRISSE LETTUCE 5G				X									X	X	X		
CED AVOCADO MIX 20G, TOMATO 10G, SUN-BLUSH NEOPOLITANA MIX 5G, OLIVE 5G & BASIL 1G				X									X	X			
Mini Mixed Roll Platter																	
Chicken ,Pesto Mayo and Rocket				X			X		X		X		X	X			
SALMON , CREAM CHEESE & CRESS						X			X		X		X	X	X		
CAVE AGED CHEDDAR , SUN-BLUSH NEOPOLIANA MIX , PICKLE & CRESS									X		X	X	X	X	X		
ROAST BEEF , COURSEGRAIN MUSTARD MAYO & ROCKET							X				X		X	X			
Mixed Mini Baquette Platter																	
Caved Aged Cheddar				X			X		X		X	X	X	X	X		X
Chicken Tikka							X		X				X	X			X
Ham, Brie & Cranberry									X				X	X			X
Parma Ham & Mozzarella							X		X		X		X	X			X
Mozzarella & Tomato				X			X	X			X		X	X	X		X

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Halal/No Pork Sandwich Platter																	
Piri Piri Chicken on White							X	X					X	X			
Chicken Mayo on Wholemeal							X	X			X		X	X			

Chicken & Sweetcorn on Granary							X	X	X		X		X	X	X		
Chicken Salad on Granary							X	X	X		X		X	X	X		
Chicken Coronation on Granary							X	X	X		X		X	X			
Mixed Tortilla Wrap Platter																	
Chicken Ceasar							X		X		X		X	X			
Cajun Chicken and lettuce								X	X		X		X	X			
Spicy Tuna						X	X						X	X			
Falafel & Harissa				X			X		X				X	X			
Hoisin Duck				X				X					X	X			
Vegetarian Tortilla Platter																	
Falafel & Harissa x2				X			X		X				X	X			
Sun-Blush Humous x2				X									X	X			
Chilli bean cheese burrito								X	X				X	X			
Gluten Free Sanwich Platter																	
Chicken Salad							X		X								
Egg & Cress							X		X		X						
Salad Platters																	
Mixed Green Garden Salad											X		X	X			
Mozzarella & Pesto Pasta Salad							X		X		X		X				
Chicken Ceasar Salad							X		X		X		X				
Tuna Nicoise Salad						X	X				X						
Crudite Platter				X							X						

For further information regarding any of our products, please call us on
0845 463 8863

